

## Prescription Requests and Medication Reviews

Please note the following requirements for ongoing stimulant medication:

- A **medication review is required every 6 months** by either your GP or paediatrician.
- Both the GP and paediatrician can prescribe a **maximum of 6 months' supply at a time**.
- A **yearly review with the paediatrician is mandatory** for ongoing PBS stimulant prescribing.
- Your GP can continue the prescription but **cannot amend or change the dosage**. Any dosage changes require review by the paediatrician.
- A **co-prescription agreement is not required** for your GP to continue prescribing where the stimulant medication was initially commenced by a paediatrician or psychiatrist.
- You only need to book an appointment with the paediatrician if you have **additional concerns to discuss, require a medication consultation, or need a medication or dosage change**. You may need the review appt if the trial medication period is finished. Your paed will advise you for that. Regular review of 6 and 12 months review is to book only after medication and dosage is stable.

### Current Review Fees (Please check current fees on our website)

- **3-month review:** \$250 - Rebate \$77
- **6-month review:** \$350 - Rebate \$77
- **Annual paediatric review:** \$550 - Rebate \$155 ( if you start new referral)

Please plan your appointments and prescriptions in advance. Due to limited appointment availability, we are unable to accommodate last-minute prescription requests.

We recommend booking your next appointment with either your **GP or paediatrician once your last repeat has been dispensed**, rather than waiting until your medication is about to run out.

### If You Book with Your GP

Please ensure that:

- You book with a GP who is **willing and comfortable to continue prescribing stimulant medication**, or with your regular GP who is familiar with your child's medical history. ( Please note the GP can decline the request)
- When booking the appointment, let the practice know that the appointment is for a **stimulant medication prescription renewal**.
- Your child should attend the appointment so the GP can complete the necessary **physical examination and vital-sign checks**, including blood pressure, where appropriate.

### If You Book with the Paediatrician

Please ensure that:

- You have a **valid GP referral** if you are seeking to claim a Medicare rebate.
- For a **telehealth appointment**, please have your child's current **weight, height and blood pressure** available.
- A **face-to-face appointment is required if you see Paediatrician once every 12 months**.

### Prescription Expiry

A stimulant prescription generally expires 6 months after the date it was issued, regardless of whether the medication has been dispensed or whether there are unused repeats remaining.

Once the prescription has expired, an early release of any unused or remaining repeats cannot be authorised. A new prescription will require review by the prescribing GP or paediatrician.

### Lost Prescriptions, Lost Medication and Travelling with Stimulant Medication

#### Lost Prescription:

**If there are remaining repeats:**

- Parents should first contact the **prescribing clinician (GP or paediatrician)** to request authorisation for an early release of the remaining repeat.
- The prescribing clinician must approve the early release either verbally or written letter to the pharmacy
- Parents will need to provide the clinic with a **written request** for our records, **pharmacy details where stored the remaining repeat**.

#### If there are no remaining repeats:

- An appointment will be required with either the **GP or paediatrician** to assess the situation and determine whether a new prescription can be issued.

#### Lost Stimulant Medication

If stimulant medication has been lost, whether the **bottle or individual tablets**, parents may be required to provide:

- A **police report** regarding the lost medication; and
- A **written request to the prescribing doctor** explaining the circumstances.

Please be aware that repeated reports of lost or missing stimulant medication may result in further investigation by **PBS authorities involving the carer/guardian and prescribing doctors**.

An **\$80 administrative/clinical fee applies per prescription** for requests outside a consultation. This fee is **not claimable through Medicare**.

### Travelling Overseas with Stimulant Medication

If you are travelling internationally with stimulant medication for personal use, you may need to obtain the appropriate documentation or declaration required by the destination country to carry the medication.

Please contact your **prescribing clinician first** to discuss your travel plans.

Where appropriate, your paediatrician may arrange:

- An **early release of the prescription**, where clinically and legally permitted; and ( need to provide
- A letter confirming “**International Carriage of Medication for Personal Use.**”

An **\$80 fee applies** ( psl check current fee) for this service when requested outside a consultation. This fee is **not claimable through Medicare**.

There is **no additional fee** where the request is made and completed as part of a scheduled consultation.

**Important:** Please contact the clinician who prescribed the medication in the first instance. If your GP issued the prescription, the **paediatrician cannot authorise an early release or provide a travel letter for that prescription**. The prescribing clinician must manage the request.

We strongly recommend arranging any required documentation or prescription requests **well in advance of your travel date**, as last-minute requests may not be able to be accommodated.

### **e-Scripts, Repeats and Medication Between Households**

- **e-Script/QR code:** The initial QR code is generally used for the first dispensing. Your **pharmacy is responsible for providing the repeat QR code or notification** for subsequent repeats. Please contact your pharmacy if you cannot locate your repeat.
- **Medication between households/school:** Your pharmacy may be able to assist with dividing or arranging medication for different locations. **Prescribers cannot divide an existing prescription.**
- **Separate households:** If medication cannot be shared between households, parents may discuss whether a **separate private prescription** is appropriate. Private prescriptions are generally more expensive than PBS prescriptions and remain subject to prescribing requirements.